



TOTALRISKADMINISTRATORS

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Total Risk Administrators (Pty) Ltd
(TRA) an authorised financial services
provider FSP No 40815

GAP
COVER
FROM
R99
PER MONTH

DON'T STRESS! THE GAP IS COVERED.

GAP COVER | Medical Shortfall Cover

2026

THE FOLLOWING BENEFITS ARE SUBJECT TO AN AGGREGATE ANNUAL LIMIT OF R 219 845 PER INSURED PERSON

This amount is calculated annually according to the prescribed table under Regulation 7.2(1) of Regulation 7.2(2) - Policy benefits escalation, in terms of the Short-term Insurance Act, 1998 (Act No. 53 of 1998). This amount will be increased on 1 April 2026 by the official CPI as published by Statistics South Africa (as defined in the Statistics Act, 1999 (Act No. 6 of 1999).

Click [HERE](#) to see a table showing the latest limit amount.

PRODUCT	BASIC COVER 300	VITAL COVER PLUS	SUPER COVER PLUS	ABSOLUTE COVER PLUS
Gap Cover In and out-of-hospital tariff shortfalls The shortfall that arises after your medical aid has processed your account and is due to service providers charging above scheme tariff for authorised procedures e.g. childbirth. The cover is limited to a percentage of the original scheme tariff. (Subject to the shortfall being paid from the In-Hospital or Major Medical Benefit). Out-of hospital shortfalls are subject to a defined list of procedures. Click HERE to view.	300%	700%	700%	700%
Prescribed Minimum Benefits A set of defined benefits, as per the Medical Schemes Act, in terms of which all medical schemes have to cover the costs related to the diagnosis, treatment and care of: any emergency medical condition; a limited set of 270 medical conditions; and 27 chronic conditions.	Covered, subject to medical aid review	Covered, subject to medical aid review	Covered, subject to medical aid review	Covered, subject to medical aid review
Tariff Shortfalls for Theatre and Ward Fees, Consumables, Laparoscopic/Endoscopic Equipment Applies to authorised in-hospital and in-lieu of hospital procedures, where the medical aid pays a portion of the fees from its in-hospital or major medical benefit. (Includes MRI/CT/PET scans consumables.)	R525 per policy per annum	R1 050 per policy per annum	R3 150 per policy per annum	R5 250 per policy per annum
Tariff Shortfall for Targeted Pain Relief Pain Relief Benefit - Provides cover for targeted pain relief treatment during surgery or following a severe trauma. This is covered even if the medical aid pays from day-to-day benefits or savings, provided the treatment forms part of an authorised in-hospital procedure, funded from the medical aid's Risk or Major Medical Benefit.	Unlimited but subject to the aggregate annual limit per insured person per annum	Unlimited but subject to the aggregate annual limit per insured person per annum	Unlimited but subject to the aggregate annual limit per insured person per annum	Unlimited but subject to the aggregate annual limit per insured person per annum
Tariff Shortfall Benefit for Hospitalised Psychiatric Care Tariff Shortfall cover for service provider costs related to in-hospital mental health admissions requiring psychiatric care.	21 days	21 days	21 days	21 days
Step-Down facility Benefit A once-off lump sum from day 11 onwards for extended stays in a registered step-down or sub-acute care facility following hospitalisation.	No Benefit	No Benefit	R8 000 per insured person per annum	R12 000 per insured person per annum
Shortfalls on Specialist Consultations Cover for the shortfall on a specialist account related to the consultation in the rooms before a member is going for an in-hospital procedure. Limited to the following number of consults p.p.a (up to a max of R500 per consult)	1 consult per policy per annum	2 consults per policy per annum	3 consults per policy per annum	4 consults per policy per annum
Casualty Unit Benefit (Casualty/ER Unit linked to a hospital) • Accidents only, including sports related injuries. • Children under the age of 8 ONLY - May be admitted for any treatment between the hours of 7pm to 7am from Monday to Friday, from 7pm on a Friday until 7am on a Monday, and all day on a public holiday.	Up to R3 640 per policy per annum	Up to R9 700 per policy per annum	Up to R14 335 per policy per annum	Up to R24 255 per policy per annum
Casualty follow-up consultations (The initial treatment must have taken place in a casualty/ER unit linked to a hospital following an accident.)	1 follow-up consultation per policy per annum at an ER unit (accident-related only)	1 follow-up consultation per policy per annum at an ER unit (accident-related only)	1 follow-up consultation per policy per annum at an ER unit (accident-related only)	1 follow-up consultation per policy per annum at an ER unit (accident-related only)
Emergency Medical Services (ambulance) The shortfall related to the use of Out-of-Network (Non-DSP) emergency medical services.	No Benefit	No Benefit	No Benefit	Unlimited but subject to the aggregate annual limit per insured person per annum
Co-Payment Benefit In Network • The co-payment or deductible that your medical aid charges you for certain in-hospital procedures, e.g. a gastroscopy, colonoscopy, sigmoidoscopy or proctoscopy . • The co-payment or deductible that your medical aid charges you for certain procedures performed in the doctor's rooms e.g. a gastroscopy, colonoscopy, sigmoidoscopy or proctoscopy BUT which have been authorised and paid from the In-Hospital or Major Medical benefit. • This co-payment or deductible is NOT related to the scheme tariff and service provider charge shortfall or designated service provider arrangements.	No Benefit	Up to R14 335 per policy per annum	Up to R66 150 per policy per annum	Unlimited but subject to the aggregate annual limit per insured person per annum
Co-Payment Benefit Out of Network i.e. Voluntary use of a non-designated service provider • The co-payment or deductible that your medical aid charges you for certain in-hospital procedures. • This co-payment or deductible is NOT related to the scheme tariff and service provider charge shortfall or designated service provider arrangements.	No Benefit	No Benefit	1 co-payment per policy per annum Up to R5 513	2 co-payments per policy per annum up to a combined limit of R17 640
Co-Payment Benefit Out Of Hospital MRI / CT / PET Scans The co-payment or deductible that your medical aid charges you for MRI / CT / PET scans BUT which have been authorised and paid from the In-Hospital or Major Medical benefit.	No Benefit	No Benefit	1 MRI / CT / PET scan per policy per annum up to R13 230	2 scans per policy per annum. Unlimited but subject to the aggregate annual limit per insured person per annum

PRODUCT		BASIC COVER 300	VITAL COVER PLUS	SUPER COVER PLUS	ABSOLUTE COVER PLUS
Sub-Limit Benefit Internal Prostheses The shortfall on a service provider account that is not covered because you have reached the sub-limit for Internal Prostheses imposed by your medical aid AND which has been authorised and paid from the In-Hospital or Major Medical benefit.		No Benefit	Up to R5 775 per policy per annum	Up to R12 128 per policy per annum	Unlimited but subject to the aggregate annual limit per insured person per annum. Up to R71 663 per event
	Sub-Limit Benefit MRI / CT / PET Scans The shortfall on a service provider account that is not covered because you have reached the sub-limit for MRI / CT / PET scans imposed by your medical aid AND which has been authorised and paid from the In-Hospital or Major Medical benefit.	No Benefit	No Benefit	1 MRI / CT / PET scan per policy per annum up to R3 969	2 MRI / CT / PET scans per policy per annum up to R6 615 per scan
Sub-Limit Colonoscopies and Gastrosopies The shortfall on a service provider account that is not covered because you have reached the sub-limit for Colonoscopies and Gastrosopies imposed by your medical aid AND which has been authorised and paid from the In-Hospital or Major Medical benefit.		No Benefit	No Benefit	Up to R14 333 per policy per annum. Up to R3 780 per event	Up to R24 225 per insured person per annum. Up to R6 300 per event
	Dental Benefit The shortfall that arises after your medical aid has processed your account and is due to service providers charging above scheme tariff for authorised dental procedures performed in hospital or in doctor's rooms and paid from the in-hospital or major medical benefit only. The cover is limited to a percentage of the original scheme tariff, as follows: Adults and dependants over 18 years of age: Treatment of impacted wisdom teeth, extractions, apicectomies or loss of teeth due to oncology or trauma ONLY. Dependants up to 18 years of age: Any procedure or treatment.	Unlimited but subject to the aggregate annual limit per insured person per annum	Unlimited but subject to the aggregate annual limit per insured person per annum	Unlimited but subject to the aggregate annual limit per insured person per annum	Unlimited but subject to the aggregate annual limit per insured person per annum
Global Fee Benefit Where a global fee has been negotiated between a medical aid and service providers for a specific procedure e.g. robotic assisted procedures using the Da Vinci Robotic (DVR) system and other robotic surgery. (which includes ALL costs related to that procedure) and service providers charge amounts in excess of this global fee (not related to a tariff rate, co-payment or sub-limit).		No Benefit	No Benefit	Up to R13 230 per policy per annum	Up to R26 460 per policy per annum
	Oncology Gap Benefit The shortfall that arises after your medical aid has processed your account and is due to service providers charging above scheme tariff for medical aid approved oncology treatment plans. <i>(NB: Subject to the gap cover percentage; and medical aid approved treatment plan being covered up to scheme tariff and within annual scheme oncology limit).</i>	Unlimited but subject to the aggregate annual limit per insured person per annum	Unlimited but subject to the aggregate annual limit per insured person per annum	Unlimited but subject to the aggregate annual limit per insured person per annum	Unlimited but subject to the aggregate annual limit per insured person per annum
Oncology Co-Payment Benefit: In Network - The co-payment or deductible that your medical aid charges you for certain in-hospital procedures. This co-payment is NOT related to the scheme tariff and service provider charge shortfall or designated service provider arrangements. - For claims where the medical aid will only pay a percentage for the approved treatment and the policyholder needs to pay the remaining percentage of the account. - All costs to be within the annual scheme oncology limit.		No Benefit	Up to R14 333 per policy per annum	Up to R66 150 per policy per annum	Unlimited but subject to the aggregate annual limit per insured person per annum
	Oncology Co-Payment Benefit: Out of Network i.e. voluntary use of a non-designated service provider - The co-payment or deductible that your medical aid charges you for certain in-hospital procedures. This co-payment is NOT related to the scheme tariff and service provider charge shortfall or designated service provider arrangements. - For claims where the medical aid will only pay a percentage for the approved treatment and the policyholder needs to pay the remaining percentage of the account. - All costs to be within the annual scheme oncology limit.	No Benefit	No Benefit	1 co-payment per policy per annum. Up to R5 513	2 co-payments per policy per annum up to a combined limit of R17 640
Oncology Extender Benefit: Includes ANY approved costs above annual scheme oncology limit but subject to the medical aid scheme covering up to this limit.		No Benefit	No Benefit	Up to R38 588 per policy per annum	Unlimited but subject to the aggregate annual limit per insured person per annum
	Oncology "New-Tech" Benefit We cover the shortfall / co-payment on new technology oncology treatment (specifically Keytruda®, Xalkori®, Tagrisso®, Yervoy®, Zelboraf®, Imbruvica®). Subject to a medical aid authorised treatment plan and designated service providers being utilised.	No Benefit	No Benefit	Up to R9 040 per policy per annum	Up to R18 191 per policy per annum
Oncology Gap Benefit: Breast Reconstruction Surgery The shortfall that arises after your medical aid has processed your account and is due to service providers charging above scheme tariff for medical aid approved oncology related breast reconstruction surgery, including the unaffected breast. <i>(NB: Subject to the gap cover percentage; and medical aid approved treatment plan being covered up to scheme tariff and within the annual scheme oncology limit).</i>		No Benefit	No Benefit	Up to R19 845 per beneficiary per life of the policy	Up to R38 588 per beneficiary per life of the policy
Premature Birth Benefit A fixed payout is provided in the event of a baby being born before 34 completed weeks of gestation. (Excludes elective deliveries).		No Benefit	No Benefit	R15 000 per policy per annum	R20 000 per policy per annum
	Maternity Follow-Up Consultations Cover for the shortfall on a specialist (OBGYN/Paediatrician) account related to a consultation in the rooms within 6 weeks after childbirth.	No Benefit	No Benefit	Up to R735 per consultation per policy per annum	Up to R1 313 per consultation per policy per annum
Private Ward Benefit The shortfall between the General Ward Rate and the Private Ward Rate for hospitalisation where an admission to a Private Ward occurred.	For Childbirth:	No Benefit	No Benefit	Limited to a maximum of R550 per day, for a total of 3 consecutive days	Limited to a maximum of R2 205 per day, for a total of 3 consecutive days
	For Non-Childbirth:	No Benefit	No Benefit	Limited to a maximum of R550 per day, for a total of 3 consecutive days	Limited to a maximum of R2 205 per day, for a total of 3 consecutive days

THE FOLLOWING BENEFITS ARE NOT SUBJECT TO THE AGGREGATE ANNUAL LIMIT

PRODUCT		BASIC COVER 300	VITAL COVER PLUS	SUPER COVER PLUS	ABSOLUTE COVER PLUS
Accidental Death Cover A lump sum payout for death due to an accident.	Insured / Spouse:	R7 700	R11 000	R22 000	R33 000
	Dependant:	R4 400	R6 060	R8 800	R22 000
Policy Extender The full gap cover premium is covered in the case of the accidental death of the main policyholder.		12 months	12 months	12 months	12 months
Medical Aid Contribution Waiver Provides cover towards a policyholder's medical aid contribution in the case of the accidental death of the main policyholder. Cover is limited to the lower of the actual medical aid contribution or the maximum amount allowed.		No Benefit	6 months. Up to a max. of R4 850 per month	6 months. Up to a max. of R6 060 per month	6 months. Up to a max. of R7 275 per month

TRA ASSIST (powered by MobiMed)

Home Drive A designated driver service including "Own Vehicle" OR "Uber" services.	6 trips per policy per annum. Limited to a 50km radius	6 trips per policy per annum. Limited to a 50km radius	6 trips per policy per annum. Limited to a 50km radius	6 trips per policy per annum. Limited to a 50km radius
Panic Button 24-hour access to a crisis manager who will guide you through an emergency. <i>Includes Roadguard: A security assistance service offered to clients that might find themselves next to the road due to a breakdown.</i>	Included	Included	Included	Included
Medical Health and Trauma Counselling Line Unlimited access to qualified nurses 24 hours a day for telephonic emergency medical advice, assessment of symptoms, explanation of medical terms, etc. <i>Includes a COVID-19 CARE LINE.</i>	Included	Included	Included	Included
Submit Claim Submit your claims documents via the mobile app.	Included	Included	Included	Included

TRAVEL BENEFIT

All TRA Gap Cover policyholders, under the age of 71, have access to the benefit of comprehensive travel insurance, the cost of which is covered by TRA provided that you remain a TRA Gap Cover policyholder and ensure that premium payments thereunder are up to date. The said travel insurance is underwritten by Guardrisk Insurance Company Limited, a licensed non-life insurer, and administered by Hepstar Financial Services (Pty) Ltd, both being registered Financial Services Providers. Click [HERE](#) for full details. Should you plan to travel and have any enquiries about the cover or wish to request the documentation confirming cover, please contact Hepstar Financial Services (Pty) Ltd on +27 (0)86 144 4548 or email info@hepstar.com.

You also qualify to buy a top-up plan by clicking [HERE](#) to increase your medical and baggage related cover, as well as add cover for trip cancellation, pre-existing medical conditions, missed connections and more.

Benefits include but are not limited to:

Emergency Medical and Related expenses	R1 000 000
Medical Evacuation, Repatriation, or Transportation to a Medical Centre	Actual expense covered when arranged by Hepstar Financial Services
Personal Accident Cover	Death: R25 000 / Permanent Disability: up to R25 000
Theft or Accidental Damage during trip	R 5 000 / Single item limit: R 1 500
Theft, Damage or loss by Airline	R5 000 / Single item limit: R 1 500
Baggage Delay (more than 4 hours)	R500
Baggage Delay (more than 24 hours)	R1 000

MONTHLY PREMIUMS

PRODUCT	BASIC COVER 300	VITAL COVER PLUS	SUPER COVER PLUS	ABSOLUTE COVER PLUS
Under 65's premium per policy per month (Based on the age of the oldest Beneficiary)		R394	R417	R681
Premium per Individual per policy per month	R 99			
Premium per Family per policy per month	R197			
Over 65's premium per policy per month (Based on the age of the oldest Beneficiary)	R394	R591	R626	R846

GAP COVER

The Important Information

All of our 2026 Gap Cover Policies:

- Provide benefits for a policyholder and their spouse and those financially dependent on them (child/children and/or aged parents) who are covered on one policy of a registered medical aid scheme. **Subject to proof of membership and the premium being based on the age of the oldest beneficiary.** Members and their dependants can also be on two different medical aids and one Gap Cover Policy but only if they are legally married, or common law partners verified by submission of an affidavit confirming 12 months of cohabitation.
- Have no entry age limit.

- May allow for immediate benefits for all policyholders except for a limited list of specific conditions and/or procedures (**there is no general 3 month waiting period**).
- Cover Prescribed Minimum Benefits (PMB's) where a medical aid scheme has failed to meet its obligations in this regard (Subject to medical aid scheme review and for non-emergencies only).
- Are not medical aid schemes. The cover is not the same as that of a medical aid scheme. The cover is not a substitute for a medical aid scheme membership.**

NB: Refer to the policy document for the complete list of terms and conditions.

WHEN CAN YOU CLAIM?

We have payment runs three times a week, making us well known for our great claims turnaround time!

General Waiting Period

There is no general three (3) month waiting period. The following waiting periods commence from the Join Date of the Gap Cover Policy:

10 Month Condition Specific Waiting Period

No claims may be submitted within the first 10 months of membership for any Gap Cover policy if they relate to any of the following conditions:

- Head, neck and spinal procedures e.g. Laminectomy
- All types of hernia procedures
- Endoscopic procedures e.g. Colonoscopy, Gastroscopy
- Pregnancy and childbirth (including caesarean delivery)
- Gynaecological conditions e.g. Hysterectomy
- Joint replacement (including Arthroplasty, Arthroscopy, Metatarsal Osteotomy) but excluding treatment due to accidental trauma
- Inability to walk / move without pain
- Any renal, liver, kidney and bladder conditions
- Cardiac (relating to the heart)
- Dentistry (unless due to accidental trauma or oncology)
- Cataracts and / or eye laser surgery (including all eye and lens procedures)
- Neurological conditions and procedures
- Organ transplants (including cochlear implants)
- Reconstructive surgery as a result of an incident or condition that occurred prior to membership (including skin grafts)

- Mental health or psychiatric conditions (including depression)
- Varicose veins
- Oesophagitis, Gastroenteritis and Gastro-Intestinal Disorders
- Male genital system (including prostatectomy)
- Carpal Tunnel Syndrome
- Any Ear, Nose and Throat procedures (including nasal, sinus, tonsil and adenoid procedures)
- Diabetes and related complications
- Respiratory conditions e.g. COPD; Cystic Fibrosis (excluding viral conditions e.g. bronchitis)

All claims for these conditions received within the waiting period will be reviewed by medical management to identify pre-existing conditions.

Cancer Diagnosis Waiting Period

If a Policyholder is diagnosed with any form of cancer prior to membership, all related claims will be subject to a nine (9) month waiting period. If a Policyholder has previously been diagnosed with cancer and is currently in remission, the Policyholder needs to advise the insurer by way of medical evidence that the remission period has been for two (2) or more consecutive years.

Pre-Existing Medical Condition/s Waiting Period

NO claims relating to any pre-existing condition/s that may lead to hospitalisation (excluding cancer: see above) will be covered within the first six (6) months of membership. The insurer reserves the right to request any clinical information from a Policyholder's doctor should a claim in this period indicate, and/or relate to, a pre-existing condition. **All claims for these conditions received within the waiting period will be reviewed by medical management to identify pre-existing conditions.**

Errors and Omissions Excepted | Terms and Conditions apply | This infographic does not constitute advice | Consult your intermediary for advice regarding product choice | The products reflected above are not medical aid schemes | They are not the same as medical aid schemes | They are not substitutes for medical aid schemes | TRA (Total Risk Administrators Pty Ltd) is an authorised financial services provider - FSP No 40815

Auto&General

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A licensed non-life Insurer & Financial Services Provider - Reg No 1973/016880/06